



KRETA
MEITINGEN

Modern Greek Cuisine

Welcome to Kreta Meitingen

Authentic flavours. Fresh ingredients.
Greek hospitality in the heart of Meitingen.

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Modern Greek cuisine

In the heart of Meitingen, KRETA MEITINGEN represents a new generation of Greek gastronomy: authentic, modern and uncompromising in quality. Our restaurant combines traditional Greek cuisine with contemporary influences. Fresh ingredients, Mediterranean aromas and a stylish atmosphere are at the heart of our philosophy. Whether it is a relaxed dinner for two or a convivial evening with friends, you can enjoy genuine hospitality with us.

OUR PHILOSOPHY

At KRETA MEITINGEN, our guests come first. We cook with passion, respect for tradition and the highest standards of quality. Every dish is prepared with fresh ingredients and great attention to detail - for a taste experience that stays with you.

OPENING HOURS

Monday: closed (except public holidays)
Tue-Thu: 5:00 pm-11:30 pm
Fri-Sun & public holidays:
11:30 am-2:00 pm & 5:00 pm-11:30 pm
Hot food served daily until 9:30 pm

CONTACT & ADDRESS

Restaurant Kreta Meitingen
Roßhuber Str. 12, 86405 Meitingen
Tel. 08271 81 48 022
info@restaurant-kreta-meitingen.de
www.restaurant-kreta-meitingen.de

APERITIFS

APEROL SPRITZ	0.2 l €7.00
HUGO	0.2 l €7.00
LILLET WILD BERRY	0.4 l €7.90
CAMPARI SODA	4 cl €7.00
CRODINO (NON-ALCOHOLIC)	10 cl €7.00
MARTINI BIANCO	5 cl €7.00
OUZO	2 cl €4.50
OUZO OF PLOMARI	20 cl €10.00

RECOMMENDATIONS

798 PITA GYROS A,H,Y	€13.50
Pita pocket filled with gyros, tzatziki, tomatoes, onions and BBQ sauce. Served with a separate portion of French fries.	
799 SAGANAKI "KRETA" H,R,Y	€10.90
Oven-baked feta with sesame on a bed of rocket, delicately finished with honey.	
800 BIFTEKI "METAXA" H,Y,Z	€19.90
Juicy bifteki topped with cheese in a delicate Metaxa sauce. Served with French fries and mixed salad.	
801 CALAMARI BRAIDS H,W,Y	€10.50
Tender calamari braids served with tzatziki and lemon sauce.	
802 SALAD "KRETA" A,H,T,W,Y	€24.50
Colourful salad with salmon fillet, pike-perch fillet and calamari. Served with tzatziki and pita bread.	
803 SALAD "GYROS" A,H,Y	€16.90
Fresh colourful salad with seasoned gyros, tzatziki and pita bread.	
804 ROYAL SEA BREAM T	€24.50
Grilled sea bream with lime-herb dressing, fresh vegetables, oven potatoes and mixed salad.	
805 SALAD "BABY CALAMARI" A,H,W,Y	€21.90
Colourful salad with tender baby calamari, tzatziki and pita bread.	
806 PORK FILLET AU GRATIN H,Y	€22.90
Topped with sliced cheese, tomato-pepper sauce, fried potatoes and mixed salad.	
807 OVEN-BAKED FETA WITH FIGS H,Y	€12.50
Warm feta with fresh figs, honey, olive oil, thyme and oregano, lightly spiced.	
808 AUSTRALIAN BEEF STEAK H,Y	€26.50
250 g, grilled juicy with herb butter and fresh vegetables, served with mixed salad.	

STARTERS

1 TZATZIKI H,Y	€6.80
Greek yoghurt with finely grated cucumber, fresh herbs and garlic.	
2 AUBERGINE SALAD	€8.00
Fine aubergine purée with garlic and fresh herbs.	
3 TARAMAS T	€9.00
Traditional Greek fish roe cream.	
4 OLIVES 6	€7.50
Kalamata olives with stones.	
5 COLD STARTER PLATTER H,Y,T,W,6	€16.90
Tzatziki, aubergine salad, taramas, feta, olives and seafood salad.	
6 FETA CHEESE SPREAD H,Y	€9.90
Spicy feta cheese cream.	
7 TRILOGY H,Y	€9.90
Tzatziki, aubergine salad and feta cheese spread.	
8 BEETROOT SALAD K	€8.90
Seasoned with extra virgin olive oil, garlic and grated walnuts.	
30 FETA H,Y	€9.50
Original feta finished with olive oil and oregano.	
31 SAGANAKI A,H,Y	€10.00
Crispy baked feta cheese.	
32 HALLOUMI H,Y	€10.00
Original Cypriot herb cheese from the grill.	
33 BOUGIOURDI H,Y	€10.90
Oven-baked feta saganaki with chilli pepper, tomatoes, hot paprika and sliced cheese.	

STARTERS

9 CRISPY FRIED ANCHOVIES A,T	€10.50
Golden fried anchovies with a delicate lemon sauce.	
10 SCAMPI SAGANAKI H,S,Y	€16.00
Four scampi baked with cheese and tomato sauce.	
11 GRILLED CHILLI PEPPERS	€8.50
Grilled chilli peppers with delicate garlic sauce.	
12 DOLMADAKIA H,Y	€9.90
Vine leaves filled with rice and minced meat, with tzatziki or house dressing.	
13 GRILLED PIPERIES FLORINIS H,Y	€9.90
Grilled red peppers filled with feta, garlic and herbs.	
14 SPANAKOPITAKIA A,H,Y	€9.90
Crispy puff pastry filled with spinach and feta.	
15 AUBERGINES A,H,Y	€9.50
Baked aubergines served with tzatziki.	
16 COURGETTES A,H,Y	€9.50
Baked courgettes served with tzatziki.	
17 GRILLED OCTOPUS WITH PITA WEDGES A,U,W	€18.50
Grilled octopus on rocket with olive oil and balsamic vinaigrette.	
18 WARM GRILLED STARTER PLATTER A,H,Y	€17.50
Courgette, aubergine, Florina pepper, halloumi, spanakopitakia, artichokes and tzatziki.	
19 MOUSSAKA A,E,H,Y	€10.00
Small portion of the Greek classic with aubergines, minced meat and creamy béchamel.	
20 GRILLED ARTICHOKE	€10.00
Premium grilled artichokes with garlic sauce and oregano.	
21 GRILLED BABY CALAMARI H,W,Y	€12.90
Tender baby calamari on rocket with garlic sauce and tzatziki.	
22 FRIED CALAMARI A,W	€12.90
Crispy fried calamari with garlic sauce.	
23 COURGETTE FRITTERS H,Y	€10.50
Homemade courgette fritters served with tzatziki.	

SOUPS & SIDES

25	TOMATO SOUP Homemade.	€4.50
26	SOUP OF THE DAY Please ask for today's soup.	€4.50
45	RICE IN TOMATO SAUCE	€3.90
46	FRENCH FRIES	€4.90
47	FRESH VEGETABLES	€7.50
48	GIANT BEANS	€7.90
49	FRIED POTATOES	€5.50
50	GARLIC BREAD A	€3.50
51	PITA A	€3.00
52	PITA WITH GARLIC A	€3.30
53	BAKED POTATO WITH TZATZIKI H,Y	€6.50

KRETA
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Greek

SALADS

- | | | |
|-----------|---|---------------|
| 35 | CHEF'S SALAD T,U,6
Mixed leaves with rocket, olives and tuna, served with balsamic-olive oil vinaigrette. | €14.50 |
| 36 | GREEK FARMER'S SALAD H,Y,6
Tomatoes, cucumber, onions, olives, peppers, feta and olive oil. | €13.90 |
| 37 | SALAD "TURKEY STRIPS" A,H,Y
Grilled turkey breast strips on mixed leaves with tzatziki and pita bread. | €16.90 |
| 38 | SALAD "SEA BREAM" T,U
Sea bream fillet on mixed leaves with balsamic-olive oil vinaigrette. | €20.90 |
| 39 | COLESLAW
Seasoned with olive oil and vinegar. | €4.50 |
| 40 | MIXED SALAD
Fresh seasonal salad. | €4.90 |
| 41 | SEAFOOD SALAD W
Homemade, served on mixed leaves. | €17.90 |
| 42 | SMALL GREEK FARMER'S SALAD H,Y,6
Tomatoes, cucumber, onions, olives, peppers, feta and olive oil. | €7.90 |

DISHES & CHILDREN'S MENU

201 SALAD PLATE A,H,Y	€18.00
With saganaki or grilled cheese. Served with pita bread.	
202 VEGETARIAN MOUSSAKA A,E,H,Y	€19.40
Prepared to the classic recipe with mushrooms, served with mixed salad.	
203 FRESH PAN-FRIED VEGETABLES H,Y	€16.00
Finished with grated feta and served with mixed salad.	
204 GRILLED VEGETABLE SKEWER H,Y	€17.00
With baked potato, tzatziki or herb butter, and mixed salad.	
110 "VIENNESE STYLE" SCHNITZEL A,E	€11.40
Served with French fries.	
111 GYROS	€11.40
Served with French fries.	
112 CALAMARI A,W	€12.40
Fried and served with French fries.	
113 SUZUKAKIA	€11.40
Greek meatballs served with French fries.	

Dishes with
FISH

120 KRETA GRILLED FISH PLATTER H,S,T,W,Y

Salmon fillet, pike-perch fillet, scampi and calamari in a delicate garlic sauce. 1 person €29.50 · 2 people €58.00 · 4 people €114.00

121 FRIED CALAMARI A,H,W,Y

Crispy fried calamari in a delicate garlic sauce.

€22.40

126 GRILLED PIKE-PERCH FILLET H,T,Y

Tender grilled pike-perch fillet in a delicate garlic sauce.

€23.40

127 KING PRAWN TAILS H,S,Y

Headless, served in a delicate garlic sauce.

€34.00

129 GRILLED BABY CALAMARI H,W,Y

Tender grilled baby calamari in a delicate garlic sauce.

€23.40

131 ANCHOVIES H,T,Y

Anchovies in fresh lime sauce.

€20.40

132 GRILLED SALMON FILLET H,T,Y

Juicy grilled salmon fillet in fresh lime sauce.

€24.40

Served with oven-baked potatoes, fresh vegetables, tzatziki and either mixed salad or coleslaw.

The
KALAMATA OLIVE

A PIECE OF GREEK TRADITION

The Kalamata olive - known for its almond shape, deep purple colour and unmistakably mild, fruity flavour - is one of the world's finest table olives and comes from the Messinia region of the Peloponnese.

HARVESTED EARLIER - WITH TIME AND DEDICATION

In the past, the olive harvest in Kalamata was entirely done by hand. From late October to December, people climbed the trees or used ladders to pick every single olive carefully by hand.

The ripe purple olives were gently placed in baskets to avoid bruising and taken for processing that same day - the only way to preserve their full flavour.

Today, just as in the past, the Kalamata olive stands for quality, craftsmanship and the deep bond between people, their homeland and nature.

Dishes with
MEAT

57 GYROS H,Y		€17.70
Tender pork from fresh pork neck, homemade and cooked on the rotisserie.		
58 GYROS "METAXA" H,Y		€20.00
Topped with Gouda cheese.		
61 PORK STEAK "METAXA" H,Y,Z		€20.40
Tender grilled pork steak in a delicate Metaxa sauce.		
63 SUZUKI H,Y		€19.00
Three seasoned minced-meat patties.		
64 SOUVLAKI H,Y		€19.00
Two lean grilled pork skewers.		
65 BIFTEKI H,Y		€19.40
Minced beef-and-pork steak filled with feta.		
68 RACK OF LAMB H,Y		€30.00
Four to five pieces, depending on size.		
69 BEEF LIVER H,Y		€19.40
Tender grilled beef liver.		

Served with steakhouse fries, tomato rice, tzatziki and either mixed salad or coleslaw.

VARIATIONS & OVEN DISHES

59	GYROS & GRILLED BABY CALAMARI W	€22.40
60	GYROS & FRIED CALAMARI A,W	€22.40
70	MYKONOS PLATE Gyros, steak and souvlaki.	€20.40
71	SANTORINI PLATE Gyros, steak and Suzuki.	€20.40
72	APHRODITE PLATE Gyros, souvlaki and beef liver.	€20.40
73	KASTORIA PLATE Gyros and souvlaki.	€19.40
74	ATHENS PLATE Souvlaki, steak and Suzuki.	€20.40
75	DUET Bifteki and gyros.	€23.50
76	ARTEMIS PLATE Gyros and two pieces of rack of lamb.	€22.00
660	KRETA PLATE Gyros, rack of lamb, Suzuki, souvlaki and beef liver. 1 person €26.50 · 2 people €53.00 · 4 people €106.00	
100	MOUSSAKA A,E,H,Y Baked casserole with aubergines, minced meat, potatoes and béchamel, served with salad.	€20.00
101	GIOUVETSI A,H,Y Lamb shank with orzo, baked with cheese, served with salad.	€24.40
102	LAMB SHANK Tender lamb shank with a side of your choice and mixed salad.	€24.40

STEAKS & FILLETS

79 AUSTRALIAN BEEF STEAK H,Y	€26.50
250 g, grilled juicy.	
80 PORK FILLET H,Y	€22.40
Tender grilled pork fillet.	
81 PORK FILLET "METAXA" H,Y,Z	€23.40
Tender pork fillet in creamy Metaxa sauce.	
84 TURKEY STEAK H,Y	€20.40
Mild grilled turkey steak.	
85 TURKEY STEAK "METAXA" H,Y,Z	€21.40
Juicy turkey steak in creamy Metaxa sauce.	
86 GRILL TRILOGY H,Y	€22.40
Pork fillet, rack of lamb and grilled turkey fillet.	

Served with oven-baked potatoes, fresh vegetables or buttered rice, plus tzatziki or herb butter. Choice of mixed salad or coleslaw.

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Non-Alcoholic

DRINKS

STILL WATER "ZAGORI"	0.5 €4.00 • 1.0 €7.60
MINERAL WATER	0.75 €6.40
TABLE WATER	0.2 €3.00 • 0.5 €4.00
COCA-COLA 1,9	0.2 €3.10 • 0.5 €4.30
COCA-COLA LIGHT 1,9	0.2 €3.10 • 0.5 €4.30
SPEZI 1,9	0.2 €3.10 • 0.5 €4.30
FANTA 1,3	0.2 €3.10 • 0.5 €4.30
SCHWEPES BITTER LEMON 10	0.2 €3.10 • 0.5 €4.30
SPRITE 3	0.2 €3.10 • 0.5 €4.30
APPLE JUICE SPRITZER	0.2 €3.10 • 0.5 €4.30
ORANGE JUICE SPRITZER	0.2 €3.10 • 0.5 €4.30
BLACKCURRANT JUICE SPRITZER	0.2 €3.10 • 0.5 €4.30
CHERRY JUICE SPRITZER	0.2 €3.10 • 0.5 €4.30
RHUBARB SPRITZER	0.2 €3.10 • 0.5 €4.30
ICED TEA - PEACH OR LEMON	0.4 €4.50
GREEK LEMON SLUSH Refreshing, sparkling and wonderfully lemony.	0.4 €6.50
APPLE-POMEGRANATE SLUSH Fruity, aromatic and pleasantly sweet and tart.	0.4 €6.50
STRAWBERRY-LEMON SLUSH Sweet strawberry meets fresh lemon - summery and lively.	0.4 €6.50
MANDARIN SLUSH Sunny, fruity and wonderfully mandarin-flavoured.	0.4 €6.50

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Paulaner

BEERS

PAULANER MÜNCHNER HELL A	0.5 l €4.40
Golden lager with a fine malty note, mild hops and a smooth, fresh finish.	
DRAUGHT WHEAT BEER A	0.4 l €4.40
Freshly poured yeast wheat beer with fruity yeast notes, delicate spice and a sparkling, full-bodied taste.	
DARK WHEAT BEER A	0.5 l €4.40
Full-bodied dark wheat beer with malty aromas, fine yeast and soft caramel notes.	
LIGHT WHEAT BEER A	0.5 l €4.40
Sparkling fresh wheat beer with fine yeast, mild malt aroma and the full Paulaner character in a lighter style.	
DARK BEER A	0.5 l €4.40
Velvety dark beer with roasted aromas, caramel sweetness and a full-bodied finish.	
SHANDY A,1,3	0.5 l €4.40
Refreshing mix of mild lager and fruity lemonade.	
DARK SHANDY A,1,3	0.5 l €4.40
Dark malty beer with sparkling lemonade; light, harmonious and subtly caramel-like.	
COLA-WHEAT BEER / RUSS A,1,9,3	0.5 l €4.40
Wheat beer mixed with cola or lemonade - sparkling, mildly malty and typically Bavarian.	
NON-ALCOHOLIC WHEAT BEER A	0.5 l €4.40
Sparkling alcohol-free yeast wheat beer with fruity notes and full Paulaner flavour.	
NON-ALCOHOLIC BEER A	0.5 l €4.40
Fresh alcohol-free beer with fine malt and hop character.	
BOTTLED PILSNER A	0.33 l €4.10
Crisp, sparkling pilsner with a light body and dry finish.	

GREEK WINE

A glass full of history, warmth and Mediterranean character.

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COCKTAILS

410 MOJITO	Rum, lime, fresh mint and soda.	€8.90
412 SEX ON THE BEACH	Vodka, peach, orange and cranberry.	€8.90
413 CUBA LIBRE 1,9	Rum, cola and lime.	€8.90
414 PIÑA COLADA	Rum, coconut and pineapple, blended until creamy.	€8.90
415 TEQUILA SUNRISE	Tequila, orange and grenadine.	€8.90

WINES & SPRITZERS

HOUSE WINE ASSYRTIKO U,Z,5 White wine.	0.25 €7.00
RETSINA U,Z,5 White wine.	0.25 €7.00
IMIGLYKOS U,Z,5 White wine.	0.25 €7.00
MAKEDONIKOS U,Z,5 White wine.	0.25 €7.00
SAMOS U,Z,5 White wine.	0.25 €7.00
MALAMATINA RETSINA - BOTTLE U,Z,5 White wine.	0.5 €12.30
RETSINA Z Rosé wine.	0.25 €7.00
RODITIS ROSÉ Z Rosé wine.	0.25 €7.00
HOUSE WINE AGIORGITIKO Z Red wine.	0.25 €7.00
IMIGLYKOS Z Red wine.	0.25 €7.00
MAKEDONIKOS Z Red wine.	0.25 €7.00
MAVRODAPHNI Z Red wine.	0.25 €7.00
WHITE WINE SPRITZER U,Z,5	0.4 €7.00
RED WINE SPRITZER Z	0.4 €7.00
ROSÉ WINE SPRITZER Z	0.4 €7.00

Mandatory declaration

ADDITIVES & ALLERGENS

A Wheat (gluten)

B Rye

C Barley

D Spelt

E Eggs and egg products

F Peanuts and peanut products

G Soya and soya products

H Milk and milk products

I Almonds

J Hazelnuts

K Walnuts

L Cashews

M Pecans

N Brazil nuts

O Pistachios

P Celery and celery products

Q Mustard and mustard products

R Sesame and sesame products

S Crustaceans and crustacean products

T Fish

U Sulphur dioxide

V Lupin

W Molluscs

Y Lactose

Z Sulphites

ADDITIVES

1 with colouring

2 with preservatives

3 with antioxidant

4 with flavour enhancer

5 sulphurised

6 blackened

7 with phosphate

8 milk protein

9 contains caffeine

10 contains quinine

Thank you for visiting us.

Your Kreta Meitingen Team